AUTUMN WINDS BY AMBER TIKVAH FORREST A.K.A. CINDA A. BERARD



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MY FEET REST

Sweet is the air scented with flowers The fields and trees blown in motion A short reprieve from winter One of exaltation and majesty Colours to fill my mind Pictures of life grown from seed And harvested to reclaim the earth Short is the season of now Few take the time to sit and ponder The beauty of the moment Which so quickly escapes us. And I drink of the nectar Intoxicating the garden so beautiful That adorns the earth we call home. Today I shall be a part of you And you can surround me With all your lively presence.

SCATTERED

Broken moments in fragments Disturbed day of events forthcoming Being called upon at various hours Not enough time to contemplate For the day is spoken of before hand I just live through it for now To plan a day ahead is a fantasy For life robs you of such joys Replaces it with responsibilities Even those pushed upon one That it is learning to live By moments and naps ~

Glimmers of truth woven together Days, weeks, months to years Of scattered existence Learning to ride the rogue waves That carry you forward Life is not consistent rather broken This as normal in many ways Let the mind be kind and live Learning from all as you go And dropping the weight of self deceit That would rob you of the journey That has been carved out for you.

THE GIFT

Sometimes I over analyze Where there is nothing I try to figure out the Ways of another's heart When I have all I can do To contend with my own.

Why we question a gift That of unconditional love? In our world it is desired Yet never trusting enough to capture The gift is here and now Would you shoot the messenger? Would you shoot the lover? Do you reject what you receive Because it is not of your standards? The gift is given disguised In so many ways, truly Would you not receive with gratitude? It amazes me the amount of people Who have loves' gift at their door And they keep rejecting it For they are looking at the wrapper And not the contents. Love is, Love was, Love will be And we must learn to accept it.

COFFEE

Your blend is so bitter Mine is so strong Together, truly How could we go wrong? Some like it black Others with a mix Some hot others cold

With taste rich and bold Your cup needs refilling I will send you more Sipped, slowly savoring Tasting the flavor to enjoy The smell is strong my friend The cup is half full More is needed I see To sit and watch the ocean together And listen to children's feet And breeze so sweet With sun so full You beam with life and jest My blend is strong and smooth Yours is bitter and weak Together how could we Ever go wrong? Let us brew some now Our coffee together is strong.

DERISION

Actual impasse has come about One I cannot explain or express Motions taken I am questioned for Mystery to those not afflicted Every day is a struggle to find The goodness in life and reason That others take so for granted

With age comes letting go By others tossing us aside For younger youth and intelligence One must remake ones resolve To stand firm in the knowledge \sim You are who you are No matter what by anybody Tumults affront my reasoning Of better judgment for doubt This malady I cannot cast aside \sim It has a grip on my soul Which slants my self thinking One must go through the block Push through the other side \sim To see resolve conquer resistance Smooth the rough path Tranguil the rock lined waters To a looking glass of wonder Fluidity once more in consumption.

RAIN

Clear drops that saturate the arid Parched for thirst and agony Invigorating new life on contact You bring misery, joy Hope, sorrow, life In seconds you can refresh

Or rob of life and wash away Yet so innocent just one drop As you fall from the sky Splattering the palm of my hand We are so fragile and dependent On your reservoir of substance We dance for you, sing for you We even walk in your formation Welcoming the soaking of our skin And you wash the earth of all The filth and grime we put upon it Without you we would cease to be And I celebrate the drops of rain As they fall from the sky And land in the palm of my hand I kiss you as the dew of the earth And gently crystallize to ice Melting and recycling the miracle again.

CATASTROPHIC

Children love to play, roam They love discovery and expressly so Tetter totter I remember very young Two peoples weights on opposite ends Bouncing up and down till one gets off We learn the dangers of unbalance Over and under weights which Teach us further in life on all things ~

A Childs game gone wrong Beyond the playground to the world We are exposed to a badly set economy We are the dominos they play Tipping us to fall in line to ruin \sim Catastrophic is the name game We are all but numbers told To follow and we do, stupidly Trustingly, we fall like dominoes Once set into motion one cannot bail ~ It affects every area of ones life To be set free would be to walk Away from all one knows into nothing And be vulnerable to the forces of nature Mankind is its own species that does Wound, kill and devour its own kind Without remorse or after thought \sim Have we not learned you cannot Tetter totter on an imbalanced plank? Insanity, choosing to repeat the same Things but expecting different results Stupidity, believing new lies with Much reassurance this time is different \sim Death is to stay on when the other gets off You fall hard and fail to get aright Are we but children in the market place? Taunting each other to who can be The first to ride the game to ruin?

And we close our eyes and go forward Choosing false lies over stark reality Hoping it all goes away.

CROWN - FINALE

The loss of a life It is a shocking reality For all our differences We missed the ability to see The love within that soul Too soon they are gone \sim Their presence is empty Regrets make themselves known We learn too late The soul and spark of life No longer fills the room Gone are the hugs and kisses The special looks of meaning The companionship we enjoyed \sim Suddenly, swiftly taken away Do we never learn? That life is not endless? And there is no guarantee Of any tomorrows? Live fully in the present Say what you feel Embrace truth in love Make a difference so that

You shall never feel deprived By days wasted Or words left unsaid.

THE ROCKING CHAIR

Everyone seems to have had one A chair that mother rocked in All her babies when young She kept it a symbol of motherhood The memories of holding that little one In arms of love and warmth Some are alone in a corner Others in an empty room A testament to the person Who did raise the family and watch Tending with loving care her family As time goes on the younger ones Toss out the antiquated furniture Too grandma they say Today mom sent me back Up the road a mile or two To buy an old rocking chair Alongside the road for sale I had all I could do to put it In a car not built for furniture \sim

And driving with it hanging out Cautiously I arrive home and Lift it out of the trunk Old, scarred, loose, nicked My mom loved this "treasure" \sim She admired and found With much wood soap And tightening up of the screws And washing of the cushion cover With the varnish worn off \sim Here is mom's new found joy An old rocking chair she says That has been worn with A lot of love on it \sim I will never look at a rocking chair Quite the same ever again.

THE WOODS

There is something so inviting As a lush green forest With tall ferns carpeting the way, Movement with wind and breeze They swoosh so gently ~ The sweet smell of the earth The trees give off their fragrance The foliage carpets the ground As far as the eye can see ~

Cool in the shade and noisy The creatures clamor above Looking down on the intruder Who has entered their world \sim One of wonder and magic You walk and leave no trace You cannot be found here Unless you really want to \sim No, I really do not want to Be found nor interrupted, I have thrown away my watch All things have stopped you see \sim For I have come home today, My heart is in the clay The stone, earth and sky They lovingly embrace me Hush, I sleep on the carpet beneath.

RUINS

Contrast, paradox, oxymoron Outreach and retreat Complex contradiction Let the walls crack The light seep within ~ To distill the self inflicted poison My strength is waning I cannot hold on forever

To watch you destroy yourself And all that you did hold dear \sim Stairs wildly winding upwards With no handrails Open steep they drop off Into the abyss your chasm Where you choose to dwell \sim Darkness is your lair Secrets you repeat out loud Holding new realities spoken Your power rises in words And in enigmas of imagination \sim My pillar is toppled No more am I needed I fade back into the foundation Perhaps another will take my place \sim I cannot read riddles I can only piece together Hearts that need mending And love all wounded souls \sim I cannot help someone Who loves the dark so much They fail to see the light That others do bring them \sim Contrast, paradox, oxymoron Outreach and retreat Complex contradiction Let the walls crack The light seep within.

KNOWING

This cycle is near completion I feel the release in my soul I will glean the last harvest That of true knowing I have done my best Satisfied I can let go Accepting what life brings me Life all along was the gift To have lived and enjoyed Loving along the way.

FIN

The smoke of your essence Does swirl about me Yet it does not linger A golden band about my chest I have become sealed Clarity illuminates from without Wisdom brings forth its message I am silent.

WHEATHERED TUESDAY

A web of mediocrity was spun For me to live within Self contained and out of touch Time has no meaning here \sim Mundane the tasks at hand Time has slipped past Years have gone by How I cannot rightly say \sim Some go everywhere Others stay on course Living what is in front of them, Not all have the patience To live with the familiar To repeat the same always Year upon year ~ It portrays loyalty, devotion For others it is survival And for fear of the unknown They die daily the misery, Of never learning or growing Into their dreams that come to them \sim And my little biosphere I have been self contained And live here simple and happy With less is much freedom \sim

Some consume every moment With knowledge always learning Yet never coming to the fullness ~ Simplicity is a gift my friend One that I have learned to appreciate All that I have and am in this moment It is in this that life manifests itself.

REMAIN

Bizarre things are becoming Beyond understanding It said this would happen We all feel the pressure Of love grown cold ~ We have all become predators Each clawing for survival What I had in my heart Grown to believe and love It is desecrated and tossed \sim I mourn with sorrow the days Of yesteryear when all was different Now everyone is left to themselves With no help or sympathy \sim The hunter of souls is coming To take as many as he can Many will capitulate, dying twice Purity, innocence is gone \sim

Like the way of the unicorn Truth becomes legend History becomes stories, I foresee the death of beauty And the crowning of ugliness ~ At the expense of innocent blood And I ask what is more? For we are all the same Time just grows shorter ~ And love grows colder We have just become Calloused, that is all The question is who will remain?

SEE MY DESIRE

You know oh Jehovah I am poor of spirit And tend to be needy I panic in waiting ~ Quiet my hearts desire From impatience and fear I seek you in the night When restlessness robs my peace ~ Comfort me with your peace May your word illuminate my mind May I ponder your promises Restore your Joy to me ~ Set me aright on the Rock Seal me oh Jehovah With your name of ownership Hold me up when I'm weak ~ Overlook my foolish ways In all my humanity See my desire for you.

MY BACK DOOR

Slumber leaves me I awake looking out The moonlight outlines The lawn and beyond \sim Upwards the stars shine It is the quiet of night That things are still, My mind comes alive I look out my back door ~ It is here I see tomorrow The thoughts have a voice Competing to uproot my peace The souls of men churn \sim Melding together as one The ghost of Babylon arises Ones brink on the precipice I bolt the door down \sim Vision intrudes within To know is to pray

Spirits blow through me Your word comforts me, It helps anchor me To the Rock solid.

HOARDERS

The fear of going without Putting faith in self reliance Unbalanced perception of life Letting go of trust in Jehovah \sim Heart possessed of hurt and desire Always looking upon acquiring Lost is the satisfaction, contentment Chained and locked is the soul \sim Bound to covetousness They trade child like faith Innocence and joy For the toil to hoard more \sim Justification in ones mind To have in excess Scattered, unfocused, stressed You have become to be \sim Not knowing how this happened Take your eyes off things See others in need not want Give away of your over abundance \sim Know you are not self sufficient Share, give, free yourself

For rot and canker worm consumes Your treasure to un-usefulness ~ Your sin is as Sodom You focus on things Ignoring people, denying the source The Great I AM for everything ~ In perfect love there is no fear Your fruit shows where you tarry Ask to be a child again.

GLORIFY WHO?

I don't like talking about myself My pain and misery Is under the Blood \sim Past accolades of the flesh I refuse to glorify past sins That have been redeemed and forgiven \sim What glory does it bring the Father To even talk of Egypt That He has brought me from? ~ Shall I reminisce of past pleasures? Comparing dying to self To rebellion once wallowed in? \sim Shall I become a pillar of salt Looking back longingly? How does the Holy Spirit feel? \sim Is he not right to be grieved?

When we talk of yesterday And glorify our self inflicted pain ~ It uncovers sin forgiven It negates the Blood of Yahshua Heaven forbid! And so must we! ~ Let us not talk about ourselves Let us talk of Him The new life that lives within us. (Philippians 3:13-14)

MOZANAIM / SCALES – WEIGHING

There is no revelation Other than that of the Holy Spirit Human reasoning will fail us ~ What may make total sense Can work against the Spirit What my seem right to you May be wrong and misleading \sim Checks and balances are there Set in place by the Word Wisdom speaks forth Yet few submit to it \sim Look not to the wisdom That of the world For its ways are not mine Misguided you will stray ~ Guard your heart and soul

Let no man steal your crown By robbing your faith or regard It is my sufficiency ~ Seek not the council of men For you answer not to them Seek me in all your ways Commit your way to me And you shall succeed. (Proverbs 3:5-7; Psalm 37:5; 55:22)

FRAME

The arch of the human spine All is tied into it To be injured just once You will know it for life Everything runs through the cord All nerves and feelings Without this support we Become weak, immobile, helpless Pain can reside within ones self Debilitating you to the point Of non-efficiency Suffering beyond what one can bear Yet still living in it, through it Everyone's tolerance is different When they reach their threshold They can deal with it no more The arch of the human spine

Feeling, emotion, well being Many take for granted their frame And the wonder of their making When one is disabled then They never take for granted All the things they receive From others, from themselves Everything is tied to the cord And if the silver cord is broken The dust returns to the earth The spirit flies back to Elohim The head of all bodies. (Ecclesiastes 12:6-7)

VANITY

I learned well to be the part Which society ruled out to me Obediently I lived my role ~ The scales of knowledge Trivia and polite like The scales of vision, Plastered across my being The illusion of grandeur Luster, glamour, sensation ~ The scales of hunger That of insatiable desire The wantonness for more, The gluttony of over fulfillment

The scales of touch To feel with no limits \sim Upon thy tongue, stomach To feel within ones soul Pleasures always new, Vanity, yes vanity I learned And we play to it daily In the company of others \sim Always pondering of others What their perceptions of us are We live our lives on display, To portray all the things that Society says makes us a success That we need in this world of ours \sim Which we spend our lives getting Realizing we have no need for And in the process we burn the wick, The lamp goes out and We find ourselves in the dark I learned vanity will betray you ~ It will destroy and leave you For another new person I recovered and saw myself And liked what I saw; No longer do I measure myself, I threw away Vanity's scales.

HE LOOKS

One day you are cruising, The next you're in shock We are never prepared for what life will bring our way \sim Each of us will experience something we do not want to; Our lives we have no control over, Foolish is the man who thinks he does. The world plans ahead their tomorrows They propagate the lie of eternity, One will never die but live forever ~ One will never age, one will never slow down So much is focused on this life And surviving the lies and truth That are presented to us, that we tend to forget To tend the garden of our souls \sim Our life is but a test, one of obedience to the Creator He gives us what he wills and sees how we receive it \sim At his hand he doles out various talents and gifts He tends the hearts of those who give to him their labors \sim Of obedience walking in love

Yahweh knows we are sinful He looks beyond that for honesty, To see if we are truthful regardless Of our inability to be pure on our own \sim Do not take your eyes off the prize Not for a moment for it can disappear When you let your guard down \sim Guard your soul with zest Let no one deceive you to think You cannot lose your soul -You can and you will IF: You become lax at hand and Give i to pleasures neglecting So great a gift as your salvation \sim Never neglect the Holy Spirit For Yahweh will not always Reside with man or be with him, He will only be with his That know his voice and follow him. (Hebrews 10:36-39)

DESIRE

There is was taunting me The shine and gleam so real It beckoned me to pick it up To empty the contents in a glass Swallowing instant Bliss I never think of you just Every now and then you do Sneak up on me with thoughts ~ Those I cannot afford to entertain You lie to drag me down To but be a victim again, To pause or hesitate would be My instant death of giving in, You never were my friend; Just a dark mirror of my soul That had shattered the glass.

DEVASTATION

Numb inside with disbelief Yet I cannot ignore Visual sliding into perdition Suddenly lives changed forever A moment here then gone Once in peril then shock ~ The closing of the circle Hands clasped onward Tightening the missing link To hold and cradle the deployed Only time will ever heal ~ We are our brother's keeper. (Hurricane Irene, USA, August 2011')

HIS VOICE

Stretch not your hand To the cursed thing It will taint your soul Dwell in the light Bask in my presence Open your heart to me Long suffering I am to you Let me hold you And heal your inner child Come as you are Let me love you into the kingdom I will burn the chaff And purify your soul I give you new life in me Let go of those things Walk new in me I will bring you in new heights I will establish you on high Become my Bride my love Without spot or wrinkle Alive in me forevermore.

LATCH

Not all that shines is light Not all shapes are shadows Not everything that one sees Is reality or truth Use the guide I gave you Discernment and knowledge Then you will see beyond The illusions and blindness Not all that speaks is real Not all that lives brings life Latch on to wisdom and live.

OUR LIFE

If we are called in love Let us live in love Let us remain in love. Never let being right Over shadow that of loving Overlook the faults of others ~ Think of your own forgiven And pass that on to another Never see the stain of sin, See the image of Yahweh Upon each man that walks

See in faith a new creature. One the master redeemed One he loved enough To let his only son die, To take their place Let us walk in love The gospel by our actions \sim Let us consider others above us Putting their needs first That is all men, Even those not of the faith We can only walk in love When we treat everyone As made in Yahweh's image, Worthy to be loved. When we see others above ourselves We have the master's heart He came to serve not be served. No servant is above his master Let us walk in love Breathe and live love With our whole being, Our life will be our words Our life will be his legacy. (John 12:26; Galatians 5:13; Luke 16:13)

HIS LIFE

There was never a clearer voice That did ring true As of Yahshua Messiah ~ He came to heal us To take away our pain Our selfishness and hatred \sim He came to show us peace A lasting enduring love One that is truly possible \sim His words are carried forth By unction of the Ruach Kodesh There is life in his words ~ Yahshua being Elohim himself Came in the form of a servant He emptied himself to our level \sim He lived among us as one of us He felt all our pain And endured all temptation to man, Yet he sinned not He is the way, the truth He is the life eternal \sim No one can take that away From a soul that is his He seals us as his own, He has inscribed us On the palms of his hands \sim

The sheep know their master They hear his voice And follow only him ~ There was never a clearer voice That did ring true As of Yahshua Messiah. (Isaiah 49:16; John 1:1-4, 6:63-68, Ps 119:160)

DISREGARD / FORSAKEN

We have been called to banquet On list of invitation Yet is says forth many an excuse One I have business to attend Another I have livelihood to attend Another I have a spouse to attend \sim All say they cannot come These the called out ones Make excuse to the master They are too busy to attend The banquet in the kingdom For their kingdom is here, now \sim This angers the master greatly He vows none of those invited Who slight him now in busyness Shall taste of his banquet ~ Then he has his servants Compel all without invitation To fill the vacancies Which slight and arrogance esteem \sim Shall we never forsake Yahshua Who had called us before For the busyness of our lives To which exclude him. (Luke 15:16-24)

HUMANITY

In the name of humanity I am not always right Nor am I always wrong I am who I am \sim In the name of humanity You are who you are And I will not change that It is not my business Nor is it my right to do so I can only accept you as is \sim In the name of humanity Let us learn to accept each other Without trying to change one another For we are individually made And each meant for a purpose \sim In the name of humanity I can smile on you today For your being has a lesson For me to learn while knowing you \sim

In the name of humanity Don't forget we need each other To build, move, live And to have our being.

THOUGHTS

One's personality is contained In a web of thoughts As fingers tightly gripped Around your human spirit They make or break you ~ Intricate layers of lies We were told or thought Hold us captive prisoners Bravery is to speak to them \sim To be rid of negative control Change comes little at a time Persistence makes headway Discouragement to hope \sim Take your thoughts captive Good things to dwell upon Put an end to self destruction Slay the vanity of despair And all hopeless thoughts \sim Kill the illusion with life Concrete power of positive thought Oh man, renew your mind And your spirit will follow. (Proverbs 23:7a)

CONTRADICTION

A lady in a wheelchair A widow with her son They have no hot water -A young teenage girl with Life making her a caregiver She cannot handle that -Everyone is so consumed With their own troubles A community in crisis -An epidemic of neglect No one has money to fix it Those that do are the rich -Who would rather reinvest In monetary things than people, This should not be in a land Of great prosperity and riches -For it is a great contradiction In the name of freedom and wealth, Contradiction breeds disparity -I scream silently for justice.

FLIGHT

We all tend to look up The wantm, the desire to fly Upward away from this globe, To escape the sorrow and pain Of toiling under great suppression The domination of other men. We want to be free like a bird To navigate where the wind blows To come and go with great joy \sim Enjoying the freedoms of natures bounty Escape in thought and prayer To a higher being of sovereignty, Faith that our prayers are heard As our words are carried away The wind rises ever upwards. Flight is something one day We all shall take indeed Yet the timing is not ours \sim To decide when or where Next time you see a bird Know that freedom is fleeting, And any day can be ones last Let your voice always be heard; Upward send your prayers Deposit them in the heavens To accumulate your just reward.

A DREAM

How we all have had them, some have come true and some have not. When one is birthed within us we can hardly contain it, we aspire to bring it to fruition. Those who are blessed live theirs, those who do not must find a way to keep the dream alive. You may not live your dream in life, but inside you can still keep it alive. Always hold onto them, for they give us a cause to remain young, vibrant and alive. I may just be a regular worker, but inside I am something else. I can nurture that artist talent, I can let my soul believe in it within, and feel a part of it in my mind. My desire can compliment others, who are blessed to do what we ourselves are not fortunate to become. It makes the daily grind of obligation doable, to fulfill our function in life. You may be able to strip me of all that I own or have,

but no one can take away the dreams within my heart. That is a place that Yahweh had put within me to hold onto. It is my pursuit for a miracle, some just take place long after we have been gone and forgotten. Something we did set it in motion, the fruits of our labor come later when we are not around to see it ~ Never, never, never give up your dream For you know not who will benefit by it.

RESTORE

Things are too wonderful I cannot contain them A pearl of great price That I have found No one knows my joy I enter there I grieve my failings Finding new grace I have been renewed Solid in your anchor Put a right spirit in me That I may walk in your ways.

WORDS

Words Are Ripples that make waves Words are healing strokes to ones innner being Words build a man, break a man Words, we eat them, we live them Words, we are responsible for them!

CO-EXIST

Yahweh in his infinite wisdom Knowing the hearts of men Left us tares and wheat To abide side by side Many try to rip out the tares Only injuring their own roots In the process given as growth \sim There will always be error and truth It is not for us to correct others It is for us to live the truth And in so doing by example Showing others the way in love \sim It is known that pride Raises up self-righteousness In those self appointed To correct others boldly, Forsaking humility and fear Of tending to their own selves, But rather the business of others \sim

May we always remember It is the Holy Spirit That is our only teacher Not men or their doctrines, And it is obedience to the Law That gives guidance in freedom ~ The Body of Yahshua Suffers greatly even today With members chiding one another, Pride brings forth division And they walk in darkness Though they profess the Light.

MENORAH – SEVEN

The Menorah – Exodus 25:31- 39 (37) The one symbol of Yahweh Most Sacred, Holy and Eternal Is that of the seven branch candlestick It reflects the seven spirits of Yahweh And the seven pillars of Wisdom It reflects the Hallowed Seventh Day The Great Sabbath of Rest – Genesis 2:3 Seven times a day we praise Him – Psalm 119:164 There are seven abominations to Yahweh – Proverbs 6:16 A just man falls seven times – Proverbs 24:16 Give a portion to seven to avoid calamity Ecclesiastes 11:2 Let every servant go after seven years

Who has served you – Deuteronomy 15:12; Jeremiah 34:14 Passover a feast of seven days – Ezekiel 45:21 Seven eyes, seven Spirits of Yahweh Revelation 5:6 - Zechariah 3:9 Seven Angels of Yahweh Seven seals, seven trumpets, seven bowls Seven messengers, seven plagues - Revelation The number seven is set apart It is Holy, Pure, and Sacred The Menorah is through scripture Seven is the number of Yahweh's Throne It is in His Law and Commandments The Menorah is the very symbol That represents the Nation Israel We are known as His People When we carry The Menorah Let us wear it with great reverence.

FEAR NOT

Close the world out and seek me The day is long over The night is almost spent, It is the last hours of dark Before the morning dawn ~ Deafen the noise around you Quiet your busy mind See the hour you're in, Hear my trumpet blaring

This is the last hour Before the clock strikes down \sim Your whole life has been one Of preparation for this moment Yet your flesh wants to cling, On to the old and familiar It shall soon no longer exist ~ I am returning soon For I am standing at the door Come away to me my child. Leave all that you have known Hold your hand in mine Quickly it shall be over, Do not fear the storm or waves That shall close in upon you Step into the light of my presence \sim With hands raised high With prayer, petition and praise Press in ever the more, As the world dissolves before you For I hold your soul in my hands Together, life for evermore. (Revelation 14:12-13; 22:14-17)

A REALIST

When one observes life And states the facts to others There are those who say: "I wouldn't worry about it" But mean - I don't want to know, "You are being too negative" But mean - I can't handle it, "You think about it too much" But mean – I don't believe in the Bible. Many who profess to believe Choose a lopsided perspective Ignorance to them is bliss If they don't know of it They are not responsible. Many decide to bury unpleasantries The realities of life they find harsh They embrace the lie of fantasy Over the harshness of reality \sim That never makes it go away. Better to see, know and hear To become prudent in time Than to be caught off guard. We are responsible for ourselves Choosing to ignore is no excuse For the accountability of our actions. Disciples are realists

For they fear not that which They have no control over Rather they trust in the living Word To perform what is written. (MATTHEW 25:14-30)

WARNING – HEBREWS 12:4-11

You cannot take and run With what I give you, It is for you alone to live. Dwell in the inner sanctuary I have much to teach you, You do not have to tell others You need to hear for yourself. Unlearn what you have been taught And learn at the Master's feet, First and foremost is your soul That you are responsible for No one can speak for you. I give you what you need At the time and not before, You cannot figure out the future You cannot avoid what comes to all men. You must yield and surrender to me I shall carry and lift you, You will rise above the flood And land in safety of my being. Without your cooperation you

Shall never learn, grow nor mature I will cast you aside As a useless branch to be burned. Your life has been bought with a price You are not your own anymore You have no rights, You cannot demand anything Especially blessings from me When you are rebellious in my name. Disobediently substituting your will for mine I AM that I AM and I will not Tolerate a stubborn spoiled child \sim I discipline those that I love Put on the yoke that I have given you Wear it well for it is my yoke, Not the one of your making You can no longer be your own For you are mine and in me. Dwell with me and I will give you The right to be in the kingdom The time for reasoning is gone.

LIGHT

Quietly fading away in a corner The loss of memory and activity Life lived well and hard ~ Names and faces fade away There is that silent place

That only ones heart knows of \sim Totally all alone and fragile It is the winding down The nearing of completion \sim Gallantly learning to let go With dignity and resolve Trusting and embracing the unknown \sim Silently another name is called Jacob's ladder they do ascend Into the spirit realm they depart \sim Feelings are not who I am They deceive and betray you I am a transmitter of what I allow. I can draw light or darkness Into my soul and very being, I ask the light to surround me.

REBELLION

What is it about the human heart That wishes to fight the Elohim of heaven? How did we go from the Garden of Eden To the battlefields of anarchy? How can the dust puff itself up Against the very breath of life? Pride, oh pride Lucifer the angel of pride – Has taught the children of men Rebellion and great witchcraft Insanity to bite the very hand That brought us forth and fed us ~ Foolishness the bonds of flesh Wage war against the heavens, The retainer of souls and spirits Lured by spoken lies of freedom The awakening, loss of all things Giving up the rights of Sonship For temporary honor amongst fallen stars Rise up thy eyes in eternal anguish, Folly in thy bosom has landed you here.

THE BURDEN SHALL PASS

It is a hard road to walk alone Discouragement with every step Tempted to almost give up Yet something inside says keep going ~ This is a barren wasteland Only death thrives here Men are called through it To test their obedience and resolve Purification draws out all dross One then will emerge the victor ~ The cup is bitter with dregs Not everyone can drink from it. Oh Pilgrim, be faithful in this The dark shadows shall soon pass~

My soul is weighed heavy Sorrow has seized my heart I feel the failure of life The loss of all I had loved It is almost too much for me To bear in silence and solitude \sim I call my spirit within me To remember the former things Dwelling on the Power of Yahweh To deliver in the dark Parting waters that would flood me \sim Oh Master, set my feet On the Rock that is higher than I Bring Joy once more to my soul That I may fellowship in love Renew me as thou art life, Put a new song within my heart Let your Joy fill me I pray. (For those struggling in Messiah)

WHITE THRONE

Activity grandiose Sporadic reactionaries Meddlesome entities Loopholes galore Nestled anchors Visual extremists Distracted souls Lost luminaries Fallen soldiers Abandoned war Hearts silent Tears latent Wheels stopped Voices deafened Blinding illumination Exposed actions Fearful outcomes Anchored ones Gladdened happenstance.

ARDOR

The day you silence declaration You cross over unto death A dead branch burned When you cease preaching the gospel Have put down roots in the world Traded Sonship for citizenship Deceived you kill the Spirits' promptings Dying twice over grievously ~ To taste of Eternal Life Then to abandon it Is blasphemy of the Holy Spirit, How many have done so By embracing the traditions of men? Man's interpretation of Yahweh Substitution for His Word of Truth You nail your rejection to His Throne With foreign prayers and love, To be but cast down forever, Let us not lose our fervor Nor let our love grow cold.

VOICE

When one has lost their voice They have become defeated Even silence speaks loudly This is not a riddle It is clarity for those who seek ~ Speech is done unknowingly In actions, thoughts manifested It is the heart displayed, Ones true affections reveal Or will betray them ~ As fire in ones bosom Either wisdom or folly You shall evolve or be destroyed This is why one must always Guard your heart ~

When ones mind is flooded It cannot concentrate on hand Nor attend what is pertinent, What does seat the throne \sim All thoughts become feelings Truly it is a mans thoughts Which steer his destiny Our eyes illuminate what's within They are lamps of light or darkness \sim Our glances and looks convey Become a mouthpiece of our soul People see within through them, One does not need a mouth to speak Nor to express his heart It is only there to praise To worship our creator in gratitude And to commune our heart to Him.

REVELATIONS

Ephesus the branch Fell in love with theology ~ Smyrna the branch Tribulation and poverty Loyal in death A crown of life ~ Pergamos the branch Teach the truth for money Pervert my laws ~

Thyatira the branch Worship Jezebel – Queen of Heaven Reject Yahweh's set leadership ~ Sardis the branch Stained garments by the world Spiritually you are dead ~ Philadelphia the branch Works of Word - Torah Over traditions – Talmud Faithfulness rewarded For your steadfastness ~ Laodicea the branch Pride has blinded Naked, tepid, arrogant I remove your name From the Book of Life Unless you seek me and repent. The Children of Yah ~ Heed the seven branches Ephesus-Smyrna-Pergamos **Thyatira-Sardis** Philadelphia and Laodicea, Not all are called Only those who overcome There are great sins to avoid: Loss of your first love, The love of money, Sexual immorality, Ignoring all my laws,

Jezebel-Queen of Heaven worship, In love with the world, Pride, arrogance Self-righteous indifference, Neglecting ones salvation, Let us examine and repent \sim If we judge ourselves Then He shall not judge us, Our loving Father accepts repentance But He judges rebellion \sim "To all my children I love Those I will correct, I declare and warn you I do not call everyone Only those who overcome in me. Those who have ears to hear Let them hear."

ARMOUR

Strongholds over our lives The invisible force which binds us Deceived we accept as our character Passively we live with them Letting them rule and determine Our daily decisions and behavior ~ We cannot say why we do so It is a mystery of denial To the change of freedom Spellbound by familiar spirits We wear as our attributes ~ Blindly we lay as dead While the enemy is victor We daily must resist such Putting on our whole armour Especially the sword of the spirit ~ It is the truth that sets us free Speak forth life and conquer Awake the sleeping giant within. (Romans 13:12; Ephesians 6:11-18)

THANKS EVER GIVING

We grow tall and lean Our wheat kernel you glean Sweet from the sun Perfection when done Home made bread and sweet bun ~ Corn on the cob Hot dogs and baked beans With salade of greens Yet roasted corn is best When with butter dressed ~ Slice of apple pie You can't resist a try A true American dish You couldn't make a better wish As with elation you sigh ~ The fruit of the land Passed down hand to hand Cultures shared and tasted With nothing ever wasted Is a get together planned ~ We thank the Father above For all his mercy and love To give us of the land to eat Share with those we meet A part of life we keep.

MOTION

Freedom comes to you each day It is in ones perspective Not in the lengthy objective ~ Flight is possible and there For all who care to go Once gone there's no coming back ~ To the stand still track Motion only goes forward Its energy is wonderfully so ~ To help one to grow It takes courage to rise up And leave what is familiar behind ~ You will be glad that you did For much of life was hid Now the horizon is broad ~ Visibility is clear and concise Give yourself permission to live life You will find an end to strife ~ Freedom comes to you each day It only shows forth so long Before it says good day ~ And it leaves you gone A portal of momentary chance Each must rise to the call ~ For illusions fill the clarity When it is done after all Let us rise to live ~ Leaving what had us bound Moving forward, Ever forward.

NEW LIFE

I asked why Yahweh made man He wanted someone to love him Rebellion brought forth sin, Man has struggled within ~ Even with Messiah he must chose To either gain or lose He instructs us as stated, Look not to the right Nor to the left Just keep looking forward ~

Distractions take form In a wrong direction Discipline is needed to succeed, The Word of Yahweh we must heed \sim It is a test of our love for Him A dialogue of admitting ones mistakes And asking forgiveness and then Moving forward in the grace \sim Not taking it for granted in arrogance I ask myself do I utmost Follow and prove my love to Him? And think upon His name? We must remember faith never Works without love in grace And our love for Him must be Proclaimed by life and deed \sim When the Master we replicate Let the Word dwell within us Moving us forward into the new life That was so preciously given for us.

WHAT SHALL YOU CRY FOR?

The end of all you know, Can you willfully accept it? Life being defined for you All you own taken away Redistribution of your wealth Treated as a prisoner and slave By your own country ~

Because of what you stand for, Can you accept this with gladness? Can you walk in HIS footsteps? Can you carry your torture stake? ~ Will you be willing to die for Him? Or will you cling onto everything Loving covetousness over righteousness? Will your love turn cold To betray your brethren? ~ Do you love others more than Him? The end of all you know Any day now it will be reality. The nature of the beast will unleash With strong hatred for all Kodesh \sim We shall not escape it We can only ask for the grace Not to be deceived to fall away. What shall you love? What shall you cry for? (Luke 19:41-44; Psalm 126:5-6)

JOURNEY

Life, it is a process of giving Pieces of yourself away. Either those of others or Of your ownself letting go, And seeing what tomorrow brings. The unknowing and wanting to hold

Onto what is familiar, celebrating the moment And not wanting it to ever go away. If only we could choose to hold onto The things we want to last. But that is not life, for it comes at us Unwelcomed, uninvited and strikes as it will. Life it is life that we are in right now. This dimension for however long, Live it... feel it... love it... for it won't last. And that is where I am, Inside the hourglass feeling The sands diminish beneath me. All things have a balance, And I am finding mine now. I shall go the way of the Galaxies, The moon, the stars and beyond. Gazing down at the blue ball we call Earth. The canvas of space will invite me To new stars, constellations and galaxies Of beauty so rare beyond words. The heavens will greet me pulling me Forward Home, to the Throne up in the North. That city of gold, where all Dwell in the light Of love. Angels shall carry me forward, Through the portals of time, In the black holes of eternity, Forward in speed and motion, To the creator of all... And I shall be glad To be home, where there is

No more pain, sorrow or tears. Our Spirits are just on Loan, They don't belong to us. How we use them, treat them, love them And Love others is key to the journey. Dimensions have lost their meaning, You cannot measure love nor light. Words cannot describe eternity. All life is the making of memories That we shall live with for our lives, Our words we carry with us also... Choose them wisely, live them carefully. And I shall smile upon you my friend, As spirits feel and love together And I can fly, my spirit shall soar, Upwards to my maker, The lover of my soul. (1 Corinthians 2:9)

SUNSET TRAIL

The scars of my tendrils Exposed to rock and air Worn laden by many feet Scrawling brambles line my path Discolored earth from rotted leaves We reach upward and stark ~ Our canopies long gone Open woods of distant green The gentle rise now exposed Eroded is grandeur years past What shows forth are our roots A tangled web one climbs. Up the mountain to the chin Overlooking the weathered trail The top still calls forth Forward I am beckoned. (Mount Mansfield, Vermont)

TODAY

Let us not borrow trouble in advance Anxiety and stress would just follow. When our eyes are off the present We are trying to see the future; Enjoy what you have now Be content in your circumstances, Your value is not determined by them. If we could just grasp this -This present moment is all we have, Then the hour, the day comes alive We shall see true life like never before, We become rich people for doing this. (Matthew 6:34)

THIS IS SO BEAUTIFUL

What a gift to have a friend From another country to talk to, You give me great perspective Of another country and culture. More than that I can see What I may take for granted And that we are all so different, I can see through your eyes And you through mine \sim We all need each other so much For I learn from you things that I would never know of otherwise,. You are so beautiful inside I see your love shine through As you help others to learn also, It is a great gift my friend And also an honor to learn \sim Friendships are to be nurtured Respected and tended too With my new vision from you, I can learn better how to treat others Myself and my family foremost ~

I never tire of listening to your life The many aspects of it And the difficulties included, You are a wonderful person Of great integrity and value ~ Thank you for the gift Of such a wonderful friendship. (Dedicated to Karla Bardanza, Brazil)

WITHIN

I find it not always easy To express ones feelings Love being the most difficult, There is the tenderness of youth Which many have trampled upon And the betrayal of also others \sim I have learned to be what most Would think or want of me, Often being untrue to ones self I have learned to become self reliant To avoid the misgivings of others, The let downs and disappointments \sim Over the years I have built The most beautiful gilded cage For my greatest asset, mine heart. It is so intricately forged That it has never truly grown \sim

The lift of recipiency constrained Verbal defense fortified Locked within the confines That expressing ones love Seems hard beyond ones properties ~ Why do we do this to ourselves? How is it that we let others Destroy the youth within, To trade it for advanced age? \sim We've often heard it said That one is a dreamer I imagine they're also of likeness, Sad to recognize others who live Within their dreams to truly live For reality would only reject The spark of creativity within.

HONESTY

The only battles we have Are those within ourselves, The introspection needed To cultivate ones garden. Feelings we must respond to, If left unchecked they get out of line They will betray us and others. We cannot afford to let Bad will turn to actions; A word once spoken one can

Never take back no matter How much one will try, And a deed one cannot undo. Yes, the battle rages within, We must be the keeper Of our domain in all ways, To not do so is a tragedy One of epic proportions. A good man, an honest man Is known by his groomed character, He learns to bridle his tongue And he learns to pull the roots Of all that would destroy him, Those mostly within himself. We can respect the person Who learns to respect himself, We loathe the one that never Learned to harness his emotions. Let us each fight our battle Conquering within the whole person.

L - I - N - K - S

What makes man? Spirit and Flesh Good nature verses evil nature Yetser Hatobh verses Yetser hara, Constant momentum of choice Pulls man in two directions, Sarx – the flesh does consume

Through worldly thought it roots Beyond the sins of carnality To hostility of all that is holy; \sim Moicheia, Phonoi, Thumos Thumoi, Phthonos, Phthonoi Porneia, Akatharsia, Aselgeia Eidololatreia, Pharmakeia, Echthra Eris, Zelos, Eritheia, Dichostasia Hairesis, Methe, Komos ~ One is linked to the other Yet one can kill the other; Agape, Chara, Eirene Makrothumia, Chrestotes, Agathosune Pistis, Prautes, Egkrateia ~ Let us choose to govern Our spiritual house wisely For all we do is linked To others and those around us. (Romans 16:17; Galatians 5:13-26)

HISTORY

There is a danger one of Rewriting history denying events Some so catastrophic yet Blindly the lie leads others to it. To deny something long enough Is to convince mind control Acceptance it never happened,

Like people when confronted They refuse to believe it therefore They feel it is not true. The illusion of deception It is dangerous my friend When thrown in the political arena, One feels a lone voice muffled In a herd of denial and opposition. The world would much rather Silence truth than change Or to take action upon it, Easier to get rid of the "troublemaker". Much easier to do what ones told Become what you are to believe, Deny what you were raised To believe and stand up for. Holocaust after holocaust riddles The text books of history yet Mankind denies it ever took place, Trying to erase all traces of it To but repeat it yet again. The only true government in this world Is that of ones own soul for All else is corrupt under the leadership Or mortal kings who but fail us. Never stop defending the truth, Never give up your beliefs and faith, Never let others silence your voice.

THE POWER OF LOVE

A rush of mighty wind Has blown across me today Refreshed with new vision I have awakened from slumber The body is coming together By divine appointment we connect Many questions with no answers Now they all make sense \sim Knowledge was revealed today The Ruach Kodesh has kindled My eyes see vision and truth Fear has diminished to love \sim How pleasant it is when Brethren dwell together It is the oil on Aaron's head Flowing down, life forevermore \sim The anointing is upon us It shall consume us as We dwell in the inner sanctuary, His presence is our high tower The sleeper is gone for good \sim Take up your sword for armor Strengthen yourself for battle Your head covering is nigh Follow his leading quietly \sim He always reveals to us first What he is going to perform

Let the wind blow over you The love fill you anew ~ For if we fail to walk in love We shall never make it No knowledge can substitute For the power of love That we walk in through Him. Let my heart be circumcised new To bleed out all the pain of sin.

DELUDED

Chants, drones, flagellate Self inflicted remorse Hoping to gain eternity More ropes to tie and bind To further you from ever reaching, Manmade rules of abstinence Depravation somehow earning one The right to righteousness ~ How blind they are not to see It has been done for them. If my works could add at all Then Messiah died for nothing, I spit in his face negating him And his holy sacrifice ~ Bells, bowing, kneeling Hard penance, manual labor Debasing myself the object

Of his love that he died for, Belittling the spark within \sim Overlooking his grace inside me Choosing my self will being The answer to but try harder To earn my way in, Millions are of such in truth \sim How this saddens the free gift That is turned away with pride, That we can choose our own way Without realizing no one can enter Any other way but the door \sim Chants, drones, flagellate The flesh to rip cut and tear ADDING my sacrifice to his For his was not enough \sim Hark! Such blasphemy! Open your eyes mortal man See you are not Elohim, Repent and turn towards him Not away from him And embrace his Mercy today.

REFLECTION

To follow the Master One must pass through fire To become purified as fine silver, The smelting process is painful Drawing the dross out of us ~ We learn to become fire walkers To go through without being burned The Spirit's fire shall not consume us ~ We cannot change our nature We can only change our character To become silver pure and refined, A mirror so when one holds up Sees the reflection of the Maker His image is all that one sees No longer the dross of imperfection Or the sins of the flesh ~ Let us look in the mirror of his word. (2 Corinthians 3:15-18)

OUR ONLY HOPE

I said within myself, "I am really nothing" My value is in Him In myself I am but clay I cannot lift myself up For I know my frames being; Born in sin and walk in it Against better judgment I do so ~ Daily I struggle sins of vanity I press into the knowledge of Yah Age is consuming my mortality My youth is slipping away ~ No longer do I soar wildly Rather a bird in a cage

Cared for by the tenders hand It is humility to know my worth \sim Life is so precious and fragile Yet this is all we know Until we become born anew Of the Ruach Kodesh of Yahweh \sim As Miriam He overshadows us With the same life as Yahshua For He knows this life is hard, Messiah was born, lived and died And so can we in Him. \sim With man all things are impossible But possible all things in Him. Let us not confuse the two Giving worship where due, Walking in Wisdom ~ We failed a long time ago, Realize He is our only hope Of making our salvation sure.

IT IS ALL THERE

Very few do grasp The solemnity of holiness Hard to conceive rewards For ones works and actions ~ Tremble and fear Him For He is a consuming Elohim A righteous and jealous El He's given us His Word ~

A road map of prophecy He tells us of the time and times He shows first to his people What shall take place and when \sim Think it not strange others mock Saying you cannot know That is a scheme to blind Children from seeking their Father \sim Remember what I have said My feasts are signs of what's to follow I come very soon Cast the worldliness aside \sim Divorce all of its affairs For if you fail to do so Your garment will be stained, In the darkness I will come. Study what I have given you In my word, it is all there... Seek and ask Me For I will show you.

INVITATION

There is a slavery of sorts That captures the hearts of men All of us are sold into it ~ To be cut loose and freed Is the courage to abandon All that is familiar for faith – Walking in areas of the unknown Turning one's back on heritage To embrace a new life ~ Heed the voice that calls While it still speaks Narrow is the opportunity Soon to close the door ~ "Call unto me I will rescue you, Seek me now While I may be found." (Luke 11:9-10)

WITH VIGOR

Sometimes it is difficult Knowing when to quit We don't like to accept defeat Yet it can give us hope, For with a fresh outlook We can go forward with vigor. Sometimes you can take a NO And make a YES out of it. With an entrance There is always an exit, With humility of surrender Is acceptance of new beginnings. One's road may be diverted To only find yet another way ~

When I have gone as far As I know possible And have exerted my energy, When no one is there to help And the weight is too heavy; I can drop the load Sit a spell then pick up To continue on It is wisdom to accept My limitations and those Of others around me exhausted, Then I know to guit With arms raised up in praise And thanksgiving in prayer \sim He always makes a way Where there is no way, He takes my NO And makes a YES, Then I move forward with vigor. (Isaiah 55:6-9)

DEATH – KNELL

I heard the Noahidic blade It dropped with rapid succession In the blink of an eye The guillotine makes a comeback With a blood lust frenzy ~ United States Public Law 102-14 Date passed, March 20, 1991 The now global Noahide Laws The Synod has risen from the ashes REX 84, came to my door ~ The blade was sharp and loud It dropped with such velocity Chilling its total accuracy This is the promise to believers, The inheritance of the saints. (Revelation 12:7; 13:7; 20:4)

AXIOM

Do you come to me Only when you want something? Do you come to me To enjoy my presence and person? I have given all guidance And every direction already Now it is up to you to follow \sim There is no mystery in my words They speak of spirit and truth When you seek these things Then life will become clear to you \sim For a student to be like the teacher They must learn first humility To the smallness and end of self To the gratitude of becoming a servant For truth is spoken in simplicity With sincerity of ones heart \sim

I am not the arts of mystery Or the knowledge of the unknown For creation speaks forth everyday Daily one sees my wisdom before them \sim Things constantly shift in ones life Yet the foundation remains solid Ones faith is most sure. Look not at the rising waves See beyond where one will walk For your steps are on solid ground \sim Commune within your heart to me In union we become one I shall show you all things Fear not for I am with you My words complete what they say And in them you will find truth.

NO REGRETS

You knew from the beginning Who I was and how I live I cannot change for anyone I am comfortable within myself My life to you may be bland Boring and quite uneventful Yet I find my life rich Full of blessings beyond comparison ~ Worldly, that I am not That part of me died long ago What you see now is one renewed Refined by the Ruach in love There is a higher road in life That one can choose to take ~ What sacrifices I have given here Shall pale with the reward there It is simple you see The Master has come into my life And I am forever changed This is my life now, And I have no regrets.

CLING TO THE ROCK

Many times I have seen this: An individual works for a company Others build on top of their work Others take credit and are noticed Then that person does quit their job. All of a sudden everyone's shocked Cannot understand why in the world They would ever quit working with them? But the leader takes great notice. And once they are gone Others have to work much harder. These are a dying breed, They are what others call spoilers For they were raised solid work ethic. So they carry most of the load While others are rewarded for less.

This is the downfall of a work force. It embitters hard workers and loyalty. It ruins their care and pride. They go from maximum to minimum. Those who refuse to mar their integrity Leave the work place to reinvent themselves, The others hating their jobs hang in Out of necessity hoping for retirement. I find what goes around comes around. And I am told this great truth: One may have been a stone in the mud That may never been seen nor heard Yet they were part of the foundation, When they left it damaged the balance, That building was never the same. Remember, things of this world are passing -They may want blood from a stone, Do not build on shifting sand, Forever cling unto the Rock. (Psalm 118:6-8)

SEEK

The illusion of a lie Can be so strong that Knowing the foundation a fable Still one clings out of love To what has grown so familiar ~ Even proving ones belief a lie Built on man made interpretation

Somehow they chose to accept that And continue on in the lie Rather than break away And stand up for the truth \sim Walking in righteousness is not easy Nor living ones life while surrounded With pagan influence everywhere. Daily it is a sacrifice One of love and truth To be faithful to who is true \sim He records our doings in a book He rewards those loyal and faithful He tests the hearts of men To see who truly seeks him; Lovingly he upholds his children, Yahweh is true to his word.

RECEPTIVE

There's freedom living in the moment You are surrendered to allow Great things to happen for you. When I plan everything ahead I lock out the divine promptings I restrict miracles for security I live and accept what is known For what can transpire and change. We are to be pliant in the hands Of the master molder who Is building and shaping us. When I can resign with gratitude All the uncertainties my way Into the hands of the sovereign, Then I can receive just what He has tailored for my life. There truly is great freedom In living in the moment.

WATCHING ME

Soundly he sleeps in his chair I watch my father in old age Thinking back not that long ago To the days when he was strong Able bodied and well driven. There was much that he did Teaching me along the way. Has it been that long ago? It seemed just like yesterday Now I have the privilege To care for both of them. The sun filters the living room Wind blowing the leaves around The temperature dropping outside, Winter will be here soon. Quickly we approach autumn's season When things fall and die to slumber, And I watch outside as I sit Looking around me within.

A day, a week, a month, a year They slip by without us noticing, One day we hear of someone We once knew so well is gone And we see ourselves a little older. There is someone different in the mirror When I look at it lately, Not the lively soul of a young girl Rather a middle aged woman Caring for her elderly parents. My life is in transition constantly, Things are set in motion and I Have learned to accept them As they come so long and hard. Soon I will be sitting sleeping also With someone else watching me.

PAIN

Early morning hours, awakened As pain manifests again Sleep escapes me this time, I make myself breakfast In the dead of night ~ There is something so special At these hours in the morning The world is quiet and I enjoy For this is my clarity. It will be hours before I can

Return to sweet stolen sleep, Always racked with discomfort I manage to maneuver around \sim My empathy for all those Fellow sufferers in torment Coping and managing chronic pain. Our voices are silenced by those Who choose not to care or notice, Our world is small and contained To a stringent regiment of pills Medications to dull the senses \sim No matter how well medicated You can never mask the pain Which is always in the forefront. Am I complaining? No \sim I am grateful for a reprieve In the spirit of things.

THE LOVE OF READING

Books, books that line my shelves! How I love each of them Precious, cherished waiting for me To turn your leaves under cover Glean from the ponderings within My thirst, my desire so For each I truly aspire ~ Yet time takes away so much With fervent calls of life

Yet your covers when I touch It seems to soothe life's strife. The scholar, the student inquires From my soul deep within I ache for the vast knowledge I don't know where to begin \sim Shapes, colours, sizes and font Type size for clarity to read I devour the pages and chapters As my soul I do feed. I am ever so grateful for schooling Education to learn, to read and write I shall never take it for granted When I think of others plight \sim Books, books that line my shelves! I have stopped for a time Your pages I shall delve Now your knowledge is mine.

I COME !!! I COME!!!

How the earth is ripe to pluck Like an overripe fruit The hearts of men are full of hate Desiring to kill and conquer The hoards of evil is on the rise Souls of men ready to compromise ~

Shudder to think of what's to come Greed, ambition blind others on Head first into the apocalypse On those who do not believe as they Brother killing brother and family alike Without hesitation ready to strike~ Like a whirlwind of madness Life has lost all its norm Heated up catastrophe of global lucre Deafened to the cries of mercy Or the pleading for life itself Kill all in their wake of terror \sim Come out of her my people Fellowship not with her sins For I have come to crush the grapes Of wrath from my cup I hold in hand Flee her or share in the plagues Death and grief I have in store for her \sim Let the merchants weep for their loss As in shock and disbelief they look on The heavens shout with joy And others glad for victory now As her demise is for the world to see And the false messiah is destroyed \sim He who is faithful and true Rides down in garment of his blood With the name THE WORD OF YHWH Written across his thigh Leading armies to conquer Vindicating as Judge to all men...

UNPREPARED

Great anguish and despair Soon we will be engulfed in The hearts of men will fail them For the evil that will personify, Great shall it wax upon the earth People shall be filled with terror. Unspeakable atrocities shall flourish Removal of all decency and humane The mark will require of such To those who choose to follow, Blinded eyes and seared souls Robots of destruction eager to perform That which is required of them. And the saints pray and weep For the loss of all life, of all creation Lawlessness has made many cold They lost their soul and heart To give homage to the devil; As he comes in the name of peace Many shall compromise who once Walked in the truth of YHWH. They are storing up HIS wrath Very soon to be applied upon them. The world casts an illusion Appealing to selfish hearts Acquire, acquire yet more

Not realizing it shall all burn up On that day of HIS coming ~ Many shall scream and cast down Their riches in the streets Begging for deliverance from HIM Who comes with vengeance and wrath. With time no more eternity is manifest Tears are wiped away, sorrow gone-The deeds of men are rewarded.

PURITY

All of Yahweh's word is truth His ways endure forever Many walk in his name But their ways are far from him. They seek him for his blessings Perverting his precepts for usury. The love of Yahweh is above All the wealth of this present world, Wickedness is using Yahweh To acquire material wealth While ignoring his perfect law \sim Religious in name yet wicked For they abandon his teachings. When one loves Yahweh above life Then he has found his favor, He will be delivered and established. When we praise him as mortal men Repenting of our straying Asking him to seek us still For we have not forgotten his law, His mercy then endures His heart turns to an honest servant Who remains loyal in his humanity ~ Be not proud and blind To your condition of heart, Run towards your maker not away Be single minded to learn. He shall teach and deliver you Purity is his word which delivers.

DESIRE ME

Ask of Me what I desire Before you start to pray Speak my words not your own Pray my will not yours. Others run about with a word Excitement overshadowing wisdom, Men take a part of my truth And tend to enshrine it. Do you come to me for What I can do for you, Or do you come to me For your love of Me? Do you love my law enough For that to be enough for you?

Am I enough for you? I test the hearts of men. I also give them what they desire. Many chase after signs and wonders And seek me for these things. I rather men to seek me Out of their love for me And love for my word. If you seek me first With all of your heart Then all these others things Will be given to you. Those who fail to do so End up abusing spiritual power Which will turn and destroy them. Do not operate in my power Without a relationship with me. It is such obedience that becomes The covenant of love and salvation.

IT MATTERS

Some will question you saying; "What difference does it make What name we call the Father"? Blinded they use titles Of pagan deities to pray They ignore my law as obsolete They ignore my name Yahweh As profane to write or speak.

They seek all blessings yet Ignore obedience to my law. They change my Sabbath They ignore MY feast days. They accept what they are taught Never truly seeking me. When one seeks me with All their mind, being and heart I will reveal myself to him. I never changed my ways Mankind and religion did. There will be the last day, A day of fear and dread. Many shall come to me Saying all they did for me. Sadly I will turn them away For by changing my word, By changing my law They never knew me. It does make a difference: I am the same yesterday, today And forever. I change not! I am Yahweh and I ask That you seek me through Yahshua the Messiah. (Revelation 22:14)

WALK FORTH

The liar screams in your ear Leading you on in despair Hoping you'd cast down your soul Relinquishing ownership of it. Never give in to the poison Of despair, depression and lies For thoughts do not govern you Nor are they your total person. Come back from the brink Know your soul has value Walk in your spiritual integrity Stop believing the lies. Let the Father of Love heal you, Strengthening your inner man \sim Troubled of mind and spirit, Seek health for your soul Life is near you, at your door, Think not all things hopeless For him who believes there is Joy. Change is seeking and pursuing It is asking for something better. The waters may be troubled Yet this shall not last, Walk forth in the sunshine. See yourself in the light of love It does soak into your being, Casting aside all shadows and pain. You are never alone my friend When you live the words of life, They are in your mind And written upon your heart. Choose life that it may be well With you now and evermore. (For Keith with Love)

TREK

Leaving the valley for the mountain A solitary difficult climb Going while its still day light. Everything looks so small from here The tranquility and quiet is inviting, As I trade that part of my life For this new necessary move forward. Welcoming I embrace the difficulty Those of my own doing not others. There is no group where I'm going It is time to sojourn again. Shedding the cocoon for growth This last trek one of flight. My wings support my own weight Testing the winds of opposition. There is passage up ahead With no map or directions, Up to the challenge I embark. Alertness is key for survival

For sleep would destroy me. One foot in front of the other Takes me closer to my end. No more shall I waste precious time. (Romans 13:11)

PHOTOGRAPH

To but capture a day To keep it forever In front of your eyes To draw off of its beauty \sim The joy you captivated Towards the end of the day With the golden rays of sun That fall on all that's green \sim Wanting so to be back there In time where all was perfect Soft, mellow, safe and loving Without the hate and despair Which has so engulfed the world \sim My heart longs for the picture To be a living reality again Yesterday, oh yesterday... How foolish and blind I was To not see your beauty And to rush through it \sim

Now I realize it is that which I have built upon, longingly To relive my youth of innocence, Capture my heart with life That gives in another time.

WHOM TO FEAR

Israel demanded a king to rule them No longer Yahweh their Elohim, They sinned greatly in this yet He allowed them to reign under man. The snare, the fear of mankind is real For everyone follows their government To meet all their needs negating The powers of Yahweh their Provider. Even today people tend to follow men Rather than depend upon Yahweh. For this Yahweh says he would destroy The people and the king(dom) who abandon Him. Samuel that great prophet mourned this And today people grieve the Ruach Kodesh When they ignore the Sovereignty of Yahweh, The Messiah Yahshua and his price paid For us to enter into a relationship once again. As Samuel prophesied: Yes you follow a King Yet do not fall away from keeping the law From following Yahweh for if you do, You have sinned a sin of no return.

He who puts his hand to the plow And looks back is not worthy Nor shall he ever enter into eternal rest. For it is for those who were proved Who were sanctified, who counted the cost. Let us not be guilty of the fear of men Rather let us fear Yahweh in His Holiness. (1 Samuel 12)

WHAT CAN A MAN GIVE?

What can a man give for his soul? How can he redeem it? He cannot within his own power For it has been done for us. The price was paid by Yahshua, He died so that we may live To be reunited with Yahweh our Elohim. Do we value the price that was paid? Do we esteem it rich and good? Do we honor His sacrifice with our life? We cease to be our own For we belong to Him. What can a man give for his soul? How can he redeem it? He cannot do so for it is done And we cannot negate so great A salvation paid on the torture stake. We are called to be His righteousness

In an unholy world fallen away from Him. Let us be the Living Word that others see To testify to His goodness and Holiness. Let us walk in righteous Love Not favoring men nor those lost. Let us walk in truth with Holiness To be sanctified and worthy in Him.

THORNED

What happens to the human heart That has calloused and scarred? What hope can one bring to a stone? To see one that can no longer weep, No longer feel or be moved? Oh flesh of stone I mourn for you Forsake the thorn that so pricks, Heal up the wound that bleeds so Know that life is possible for you. Remove the holds that bind you Discard the cords of pain and sorrow Take of the balm of Gilead to your lips. No longer are you called a stone But a renewed flower in the garden To spring forth and bring fragrance To grace the table where you will sit. Let the new wine fill you overflowing Bringing forth joy and gladness.

This is my gift I give to you freely Soak up my presence and blossom To become what I created you for.

BRASS, IRON, POWDER, DUST

The torments of men rain down Blasting from the heavens The sky's elements shall burn red As the colour of bronze above you. Pulverized iron shall pierce holes In the earth scorching it gray, The heavens weep active dust On beast and mankind alike For you have forsaken ME And taken up the way of Cain. From the beginning rebellion Has bred forth murderers. You kill and destroy my creation Also others I made in my image. You mix truth with error Destroying my covenant with you. The lust of the human race Has created fear and madness, The great race for destruction Is a guaranteed event. And you have cursed yourselves Brought all this upon you

For you have turned from ME. Think not you are safe For I shall judge ALL nations. While there is still time Repent, seek ME that you May live while it is today. (Deut. 28:20-24; Jeremiah 25:29; Matt. 4:4)

PUSHED TO ONES THRESHOLD

So easy to push our buttons Family, demanding, consuming Life is often sucked out of us Trapped, with no way out. Anger surfaces not willingly Frustrated at stupidity and repetition "Enough already" one wants to scream Yet one sucks it up one more time Grinding their teeth being docile Doing ones obligation while others Live their lives amiss, totally free Clueless to the sacrifice one lives. And thoughts, feelings rage within. A balancing act between what's noble And being true to ones self. We are not always offered the choice

We do become stuck, permanently. So one must reinvent themselves While in the middle of passage That shall one day give way. (For all those suffering Matt. 10:34-38)

PEACE

Peace I give to you So live within your members, False peace the world hails Boasting of its many accomplishments. They build castles in the sand, The waters shall wash them all away \sim The only peace is mine within For there is no lasting peace In the world – ever. It is folly and pride to say so To play god with the lives of men \sim No one can boast of others temperament Or rule the actions of men. So you know this, don't be alarmed. Keep your eyes on me Stay in my presence and live \sim Walk in my word and peace, Keep what you have, guard it. Let no one steal your comfort. I come soon, be ready.

DIFFERENT

Ones heart does not easily cry What upsets others does not you Obviously a great indifference, Values others hold you discard True to yourself you do not bend Some call it antisocial You hold and value truisms \sim Society and its values knocking Do not hold you sway Walking through the midst untouched People make a lot of noise Most often meaningless, You cannot be bothered by it \sim Yes, you hold a difference Bluntly, truthfully so Some find even refreshing. Always your own person Hating phony people and lies. Wild, walking in your own way, You truly are different.

SHINE

O' Saint listen to me! Be not one who constantly looks For a devil under every rock Be not so consumed to expose sin That you forget to attend To your own soul and righteousness \sim We are not called to judge the world Which is lost in sin to perdition Our sole purpose is to become Bearers of the Light and Truth. Love is not a negative force It is justice in righteousness, It is a quiet holiness in all manner Our actions become our speech \sim O' Saint listen to me! Be not another's person Quietly, prudently let My Spirit Mold and shape your soul. To Love, Oh to Love – Is not to find fault with others It is to bear the truth lovingly \sim If we cannot love others, How can the Father ever accept us? Rather He will turn us away, For He rewards what we sow.

Read the sacred scriptures – It bears truth to these things. Be wise, apply and live it Shining forth His majesty. (1 Timothy 3:15; 4:15-16 KJV)

GONE

None of us know our edict The contract shall be up The mirror shattered The glass will be broken~ Lazily we live life Taking every moment for granted Such wasted emotion and energy On foolish things that don't last \sim A new awareness of preciousness Of life, of living, of being Throw away all your plans Live in the moment with gratitude~ For what can one give To have one more day? When time is but gone And why mourn for it? ~ When you can appreciate What you do have now? The closer one comes to an end The glitter all fades away \sim

Dazzle and brilliance have passed – None of us know our edict The contract shall be up The mirror shattered The glass will be broken. (It is appointed for each man to die)

WHAT MATTERS

A thought, a word, a gesture We hold onto these things Sometimes we float along aimlessly Held together by others kindness, Then invisible darts penetrate us Invading thoughts of evil presence Trying to coerce our wills. We must extinguish them early Before they burst into flame \sim Know who you are, never forget Think on what is lovely and good Draw off the strength of wisdom Walking in the knowledge of truth For what we think, dwell upon Fills our inner being and countenance \sim Shake all that brings doubt And ever learn more truth. A thought, a word, a gesture A deed, satisfaction, confidence Vision, strength, vigor, illumination You truly are a beacon of light.

A POET'S HEART

Beautiful, the feel, the touch Of one hand upon another The gentle caress on ones face A loving warm embrace held tight, Two hands clasped, intertwined ~ The softness of the others skin Laughter on the soul and tongue As one kisses of the other ~ Love simply is beautiful When shared in innocence With purity from the heart. Too many taint it with shame Never knowing its true touch Upon a soul and life.

HUNGRY EYES

High up in elevation A leaf blown upon hard granite Out of place your beauty lies Within the cold crown of stone, Earth and stone have merged Melding together cannon fodder To bring forth new life in season ~ The air brings forth your decay sweet Slowly your colour fades to rust You enrich all that you touch. The life of a tree travels far Bringing life even in its death Of shedding of summer fruits ~ Cycles we do not see nor mind Until it is laid down upon us. Your strength is seen by all Through hungry eyes.

WREATHS

Floral wreaths of ribbon silver, moss, gold and rose embroidered upon velvet squares bordered by white strips other squares of the same flowers As growing full, curled on stems, Bouquets of Antiquity ~ Snapshots of long forgotten the custom of ornamental appreciation framed twice over in a frame heightened with but a touch of mellow Renaissance, Lost this forgotten art \sim Less of which people touch more of which people see the true loss of substance In reality's presence and being \sim And Torch Bearers we march with garland hung in our hair

wisps of floral rosemary lavender and wild heather worn in braided strands. (Philippians 4:1; Therefore my bretheren dearly beloved and longed for, my joy and crown, so stand fast in Yahshua, my dearly beloved.)

IN GREEN

Have you ever watched the wind blow about the tall grass? You see it in motion, helpless anchored only by its roots. Visually it seems as a tempest unleashed its wild energy, yet the grass is whipped about to only remain long afterwards \sim For all the debris thrown in it just makes the soil richer. Energy without opposition is just stagnant weakness, the more one is tugged at they grow strength to resist \sim Our life is before our eyes always set in motion as vision, each day is something new; I know of it in Green.

CONQUER ALL

When one thinks about life It's all about love isn't it? I mean, really, truly Love \sim How we treat others we shall be treated, rewarded and judged. No two lives are alike ~ There may be some similarities yet everyone's cross is tailored made, to purge the dross and bring forth the purpose for which their life becomes. Along the way others contribute to our understanding and growth \sim Our lives are mirrored back to us through our interaction with them. They make us honest, accountable they help us self govern our souls and possess our spirits in holiness. It is the invisible things that are of great worth and value \sim The spirit realm is bursting with life, treasures of Wisdom. When our foot prints cease to be we take with us our works and we are judged on them. Next time you do have opportunity add the weight to the right scale that Love may conquer all. (Mark 12:28-31, 33)

AS A CHILD

Can a man be a child again, if he ever was one at all? "Put off those childish ways" we have all been told and in doing so we lost our innocence of laughter, the joy of life fresh and new. "Don't play with fire" we're told so we trade matches for danger. Insanity begs us to ignore Elohim take our lives in our own hands, ignoring Yahweh's divine wisdom. "Don't give what you have away" so we hoard to our own hurt ignoring our neighbor in need. "Make a fortune" we're told so we slave to make money giving worship to greed, ignoring all help of divine providence. Is it any wonder my friend that as we age we wish to become as a little child again? To undo the deceit and lies learned? For it is becoming as a child that one enters Yahweh's kingdom. As long as there is breath in us it is never too late to become as a child again. (Matthew 19:14)

SINCERELY LOST

Standing for righteousness with utmost Heartfelt inner stirrings and confidence Yet one can be so very wrong \sim We tend to place our trust in things That defines us rather than develop us In so doing we become a reflection Of the sum that we desire to be \sim Years I poured into my dreams Desires burning the fuel ever more Then one day my vision is cleared To see but a blurred mural in front of me \sim Reality was but a lie I confess One of my own making and none other For I believed in my own truths Which have been nothing but uncertain \sim There is truth the world does not know Yet eternal is the foundation of it Looking upon the hinder most part All one thinks they see is a stone But it is much more than that \sim Much valor, love and sacrifice I paid Laid upon the altar of my making To find it was a high place Falsehood of inner places, of lesser elohim's \sim Clear the stones and rebuild the pillars Twelve square and consecrated today They sing the praises of Yah,

The world learns what it ignored Yahweh is sovereign, all men must bow ~ As cornstalks bowed to the stars and moon As princes brought forth the seed of Abraham And the sands cannot count his heredity All men must bow and confess Yahshua Master ~ Sincerity, prayers, believing does not gain One entrance into the New Jerusalem For the Master desires Obedience not Sacrifice ~ Let your sincerity be based In Him Not in Humanity which will fail.

WHAT OFFENDS

Does your right hand of power Offend thee, betray thee? Does it grasp towards greed? Stop it and be grateful For what you have now ~ Does your right eye of vision Of power lust of thee? Are your sights on the world? And not content in Him, And the fullness thereof? Close that eye's vision And focus on Yahweh's word, The right side is power True only in Yahweh's wisdom ~ To walk forth in our own power Is an offense to our soul, To our fellowship with Yahweh. Let us pot off our strength, power Replacing it with Yahweh's for us ~ Daily let us groom ourselves Diligently putting out all that strays And holding close all which edifies, For our strength and power Is not in ourselves but in Yahweh Our Elohim, Our Redeemer, Our Creator. (Mark 9:42-43, 45 Deuteronomy 13:6-10 Matthew 5:29-30 Colossians 3:5)

CHANGED

Tangible excitement is felt As the word is spoken forth Life is breathed in our being The Ruach Kodesh reaches in our hearts With the warmth of His love The gift to melt a heart of stone Becoming born from above ~ Heaviness leaves its cloak One is raised upon light wings Joy that no mans ever known Redeems us with His presence ~ No longer yoked with oppression The soul is light and exalts Jumping with joy and thanksgiving ~ Light illuminates my mind Raptured through and through I cannot contain the love Put in my heart of flesh ~ One has seen the throne The Almighty upon it And they are never the same. (Revelation 1:12-18 Jude 20-21)

BUT YOU WERE SANCTIFIED

Confusion asks to become normal rationalizing fear and doubt validation for what is called sin ~ Many of us at one time were as mentioned such as these yet we have become new creatures ~ Give no sympathy to those still in a fallen state keep your garments from stain ~ Let not empathy mask as compassion compromising the truth in which you now stand and defend ~ No one can be saved or delivered unless they truly seek and repent with all their soul to become new ~ Give no sway to conversation opening the door to persuasive words making one look backwards to perdition ~ Clarity of truth with revelation words of knowledge to live move so, walk wisely in this world. (1 CORINTHIANS 6:9-11)